

TAKE TWO

Minutes for Safety

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LIGHTNING SAFETY

Did you know?

- Do not seek shelter under isolated trees. The tree may help you stay dry but will significantly increase your risk of being struck by lightning. If you are in a forest, seek shelter near a lower stand of trees. If you are in an open area, stay in a valley, ravine, or other low area.
- If you hear thunder, lightning is close enough to strike you. When you do hear thunder, immediately move to safe shelter: a substantial building with electricity or plumbing or an enclosed, metal-topped vehicle with windows up. Stay in safe shelter for at least 30 minutes after you hear the last sound of thunder.
- Know the weather forecast. If there is a high chance of thunderstorms in the area, curtail your outdoor activities.
- Stay away from water, wet items, such as ropes, and metal objects, such as fences and steel utility or light poles. Water and metal do not attract lightning but they are excellent conductors of electricity. The current from lightning can easily travel for long distances.
- Remember, it is your behavior when thunderstorms are in the area that determines your personal risk of being struck by lightning. **When Thunder Roars, Go Indoors!**
- If someone is struck by lightning, they will need immediate medical attention. Lightning victims do not carry an electrical charge and are safe to touch. Call 911 and monitor the victim. Start CPR and prepare to use an Automated External Defibrillator if available.

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